

INTEGRATING BASIC NEEDS AND MENTAL HEALTH FOR STUDENT SUCCESS

Office of Student Life

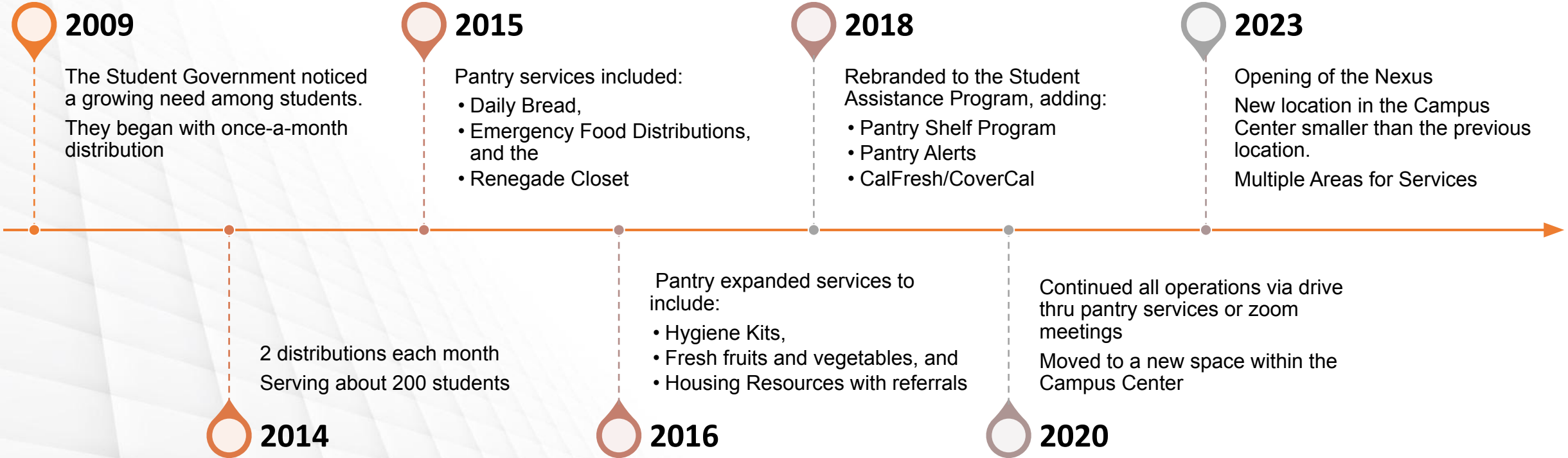


RENEGADE PANTRY

FROM THE RENEGADE PANTRY TO THE RENEGADE NEXUS:
BC'S BASIC NEEDS CENTER



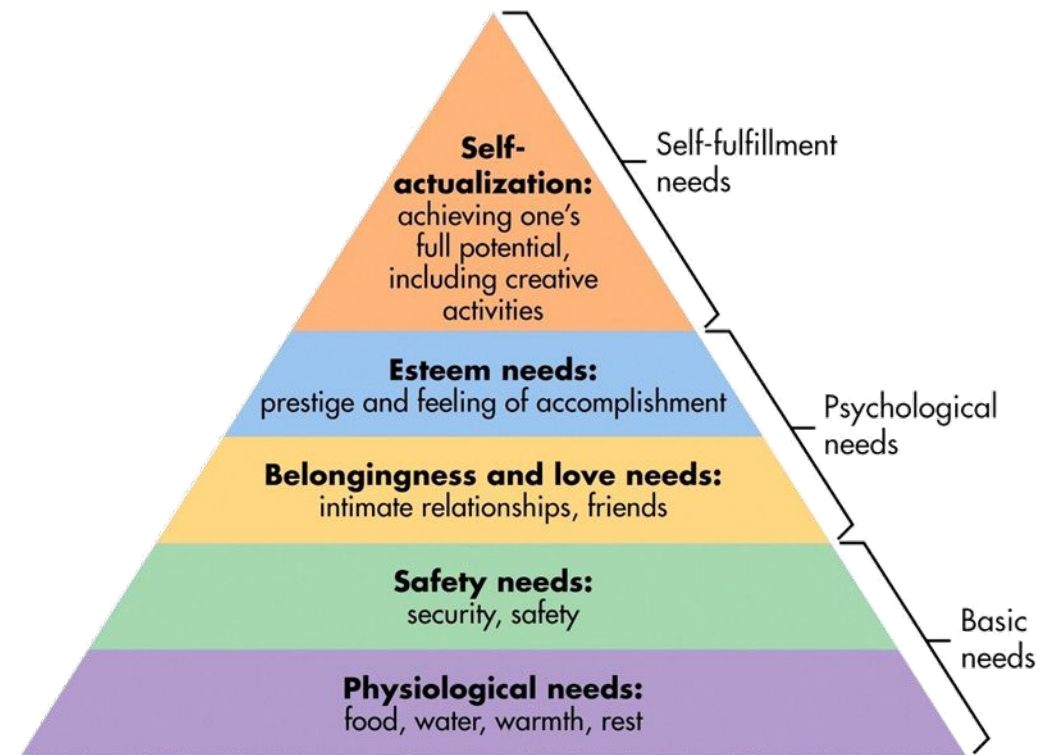
HISTORICAL VIEW



MASLOW'S HIERARCHY OF NEEDS

- Classifies basic human needs and associates the needs with general behavior
- People have various needs
 - Biological
 - Psychological
 - Social aspects
- It can be meaningless to meet the need at the top level without meeting the need at the lower level.
 - Certain basic needs must be met before other needs are considered.

(BOZYIĞIT, 2021)





BC's 5 Focus Areas:

- Sufficient and nutritious food
- Safe and stable housing
 - Ability to pay essential bills
- Transportation to and from school and employment
- Adequate access to technology tools
- Appropriate physical, mental, and/or behavioral health care
 - Access to showers and other hygiene necessities

ADDRESSING BASIC NEEDS FY22



- 4,554 students were served with food items in-person
- Pantry Services included:
 - Daily Bread in partnership with Panera Bread
 - Pantry Shelf Program for a Shopping experience
 - Emergency Food Distributions
 - Fresh Fruits and Vegetables
 - Hygiene Kits
 - Renegade Closet
- 144 Turkeys distributed in November 2021
- 200 donated new shoes were given out to students
- Monetary donations totaled about 6,500
- 31 trips and over 30,000 pounds of food distributed

BASIC NEEDS SURVEY DATA



BASIC NEEDS DATA

Data from Community College Survey of Student Engagement (CCSSE) 2022.



19%

of respondents indicated that were unable to pay utility bill in full in the last 12 months

2%

of respondents indicated they had been homeless in the last 12 months

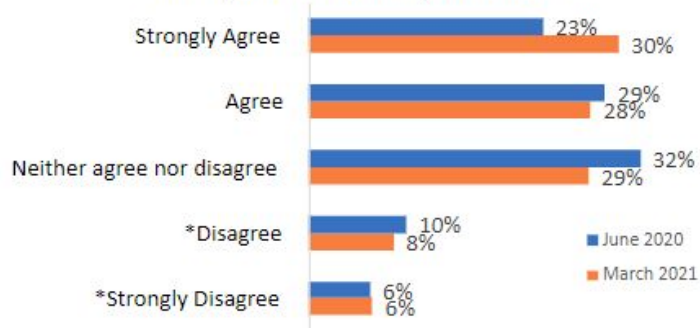
7%

of respondents indicated they temporarily stayed with family or friends in the last 12 months

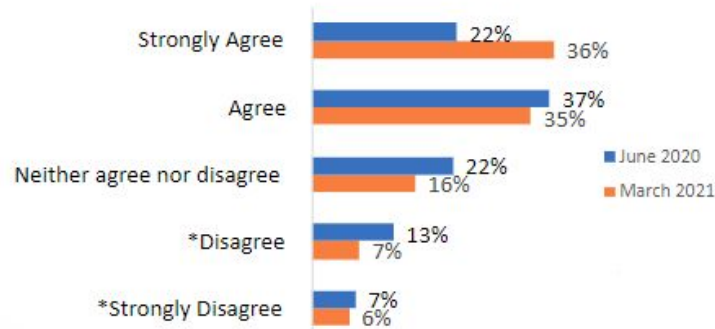
BASIC NEEDS DATA

Housing Security

Q2. I feel confident about my ability to pay for this place so I can stay here next.

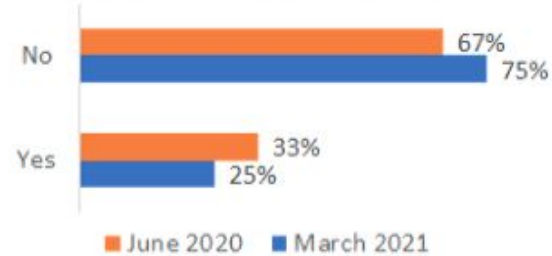


Q4. I can study and engage in classes where I am living

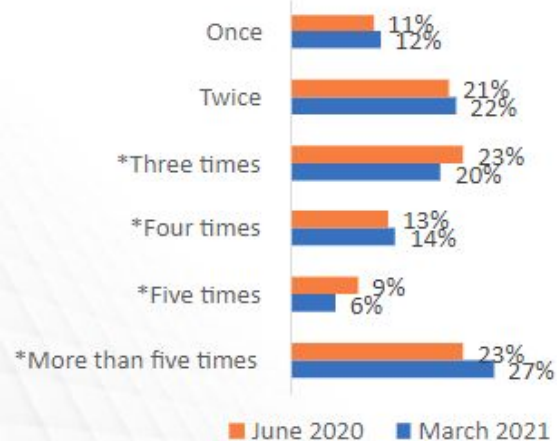


Food Security

Q3. In the last 30 days, did you ever cut the size of meals or skip meals because there wasn't enough money for food?

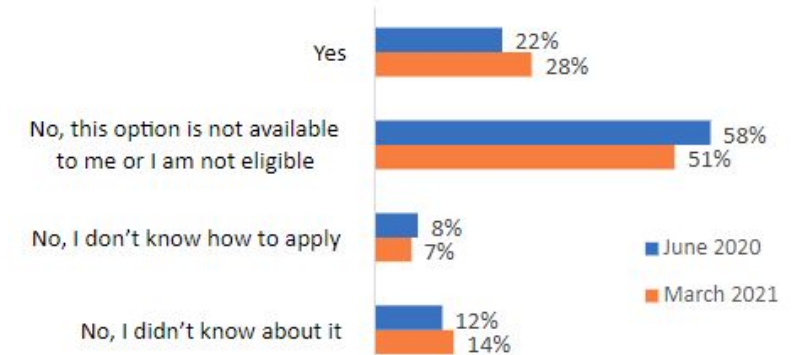


Q4. In the last 30 days, how often did this happen?

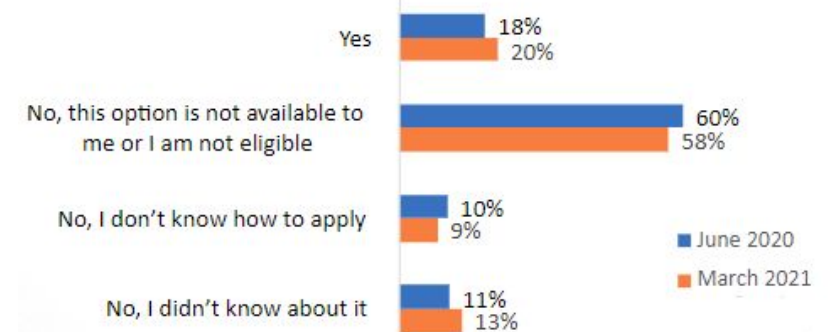


Public Benefits

Unemployment Compensation/Insurance



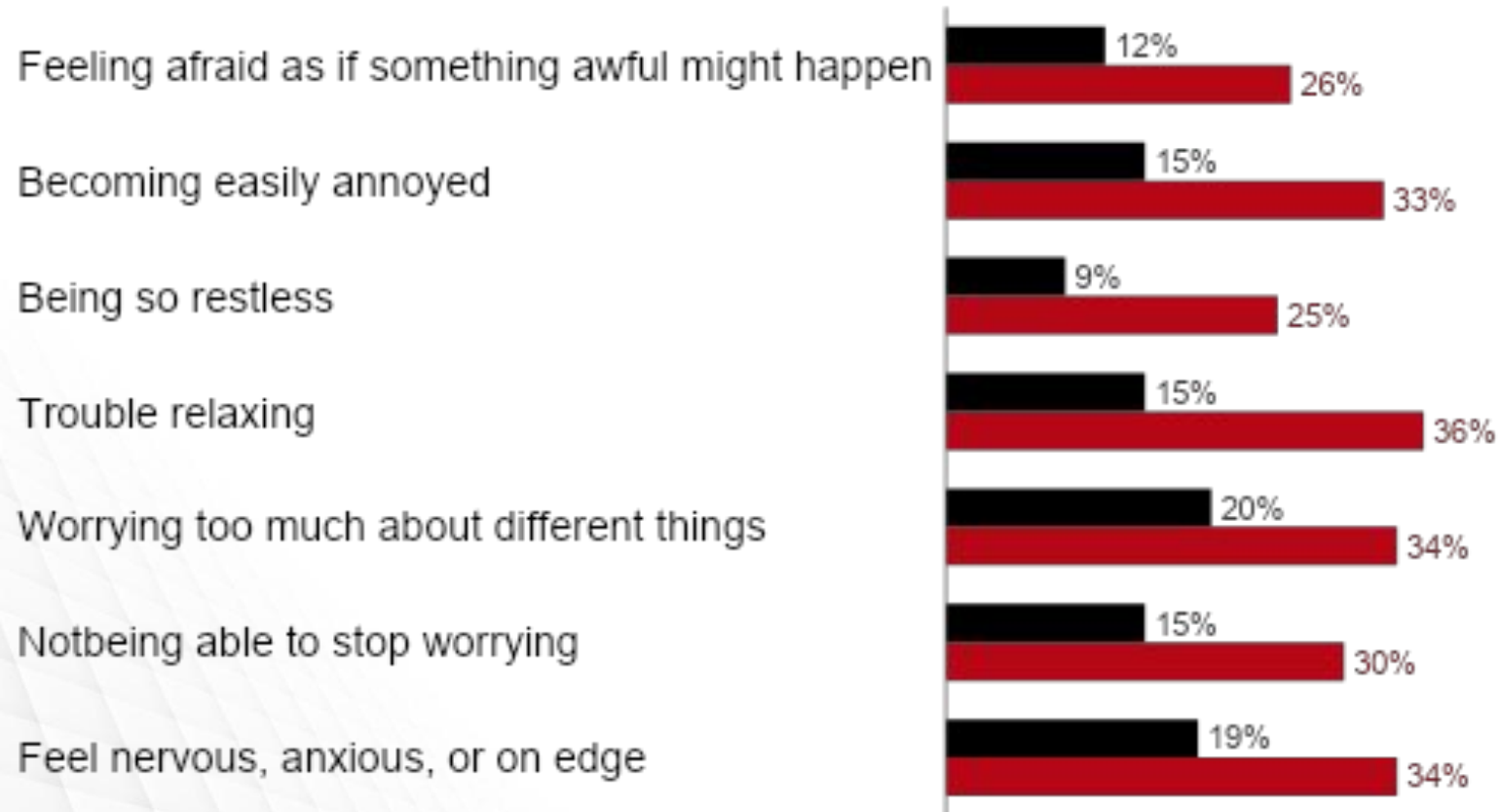
SNAP



“IN THE LAST WEEK, HOW OFTEN HAVE YOU BEEN BOTHERED BY THE FOLLOWING PROBLEMS?”

% experiencing issue nearly every day

Not being able to meet basic needs can challenge students' mental health and emotional well-being

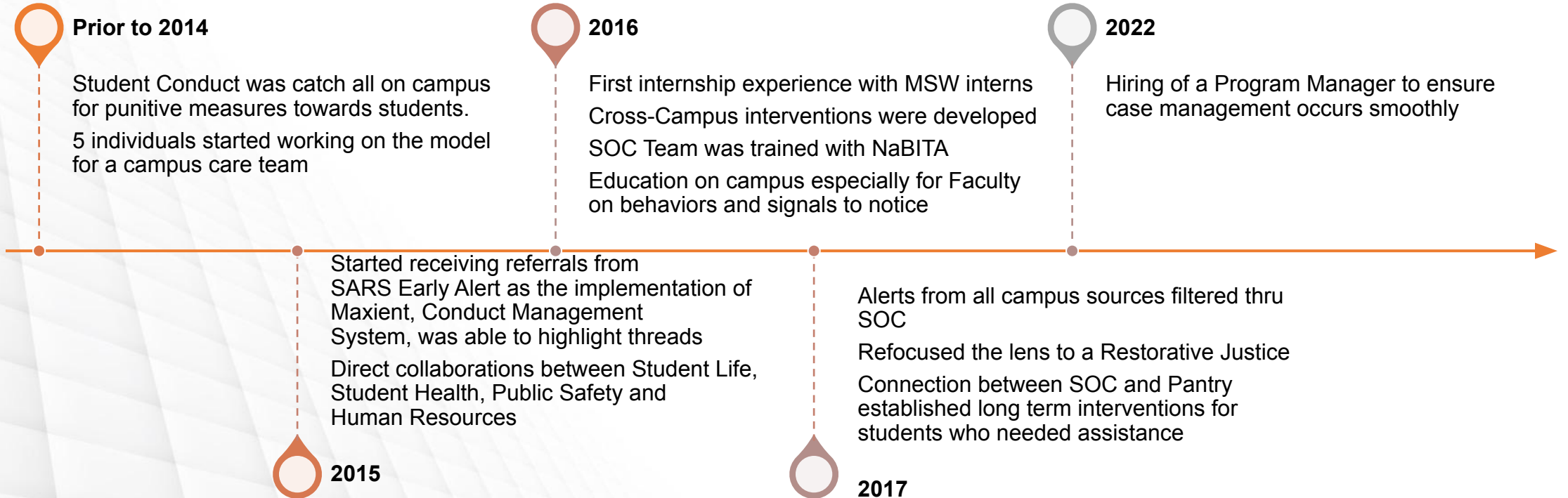


■ Basic needs ■ Non-Basic needs



WHAT IS SOC AT BC?

HISTORICAL VIEW



BC SOC TEAM



- Traditionally known as Behavioral Intervention Team or Care Teams
- Team of MSW interns & BC Staff
- Weekly meetings to discuss cases
- Quickly identifies and assess at-risk students
- Facilitate and ensure the safety of the student(s) involved and the mitigation of threats
- Address the issue of student retention, and to facilitate student success
- Recommend and organize appropriate interventions and help students through any emotional or other crisis

www.bakersfieldcollege.edu/studentconduct/soc

**BAKERSFIELD
COLLEGE**

BC's SOC TEAM

CASE MANAGERS

- Dean of Students
- MSW Interns
- Campus Advocate
- Program Managers

SUPPORTERS

- Disabled Student Programs & Services
- Student Health & Wellness Center
- Mental Health Providers
- College Safety

RESOURCES

- Department Assistant
- HR Manager
- Academic Counselor
- Financial Aid Technician
- Educational Advisor
- EOPS, *et al*

SOC PROCESS

Outreach begins (Phone call, Email, text, faculty inquiries, classroom visits)

Case management and referrals



Referral



Outreach



Meeting

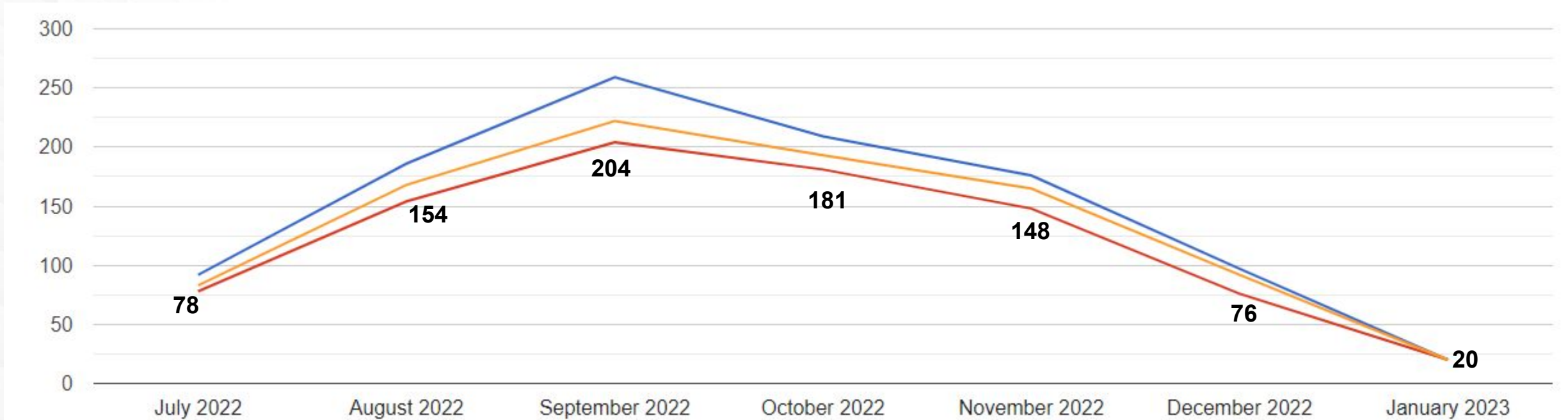


Case Management

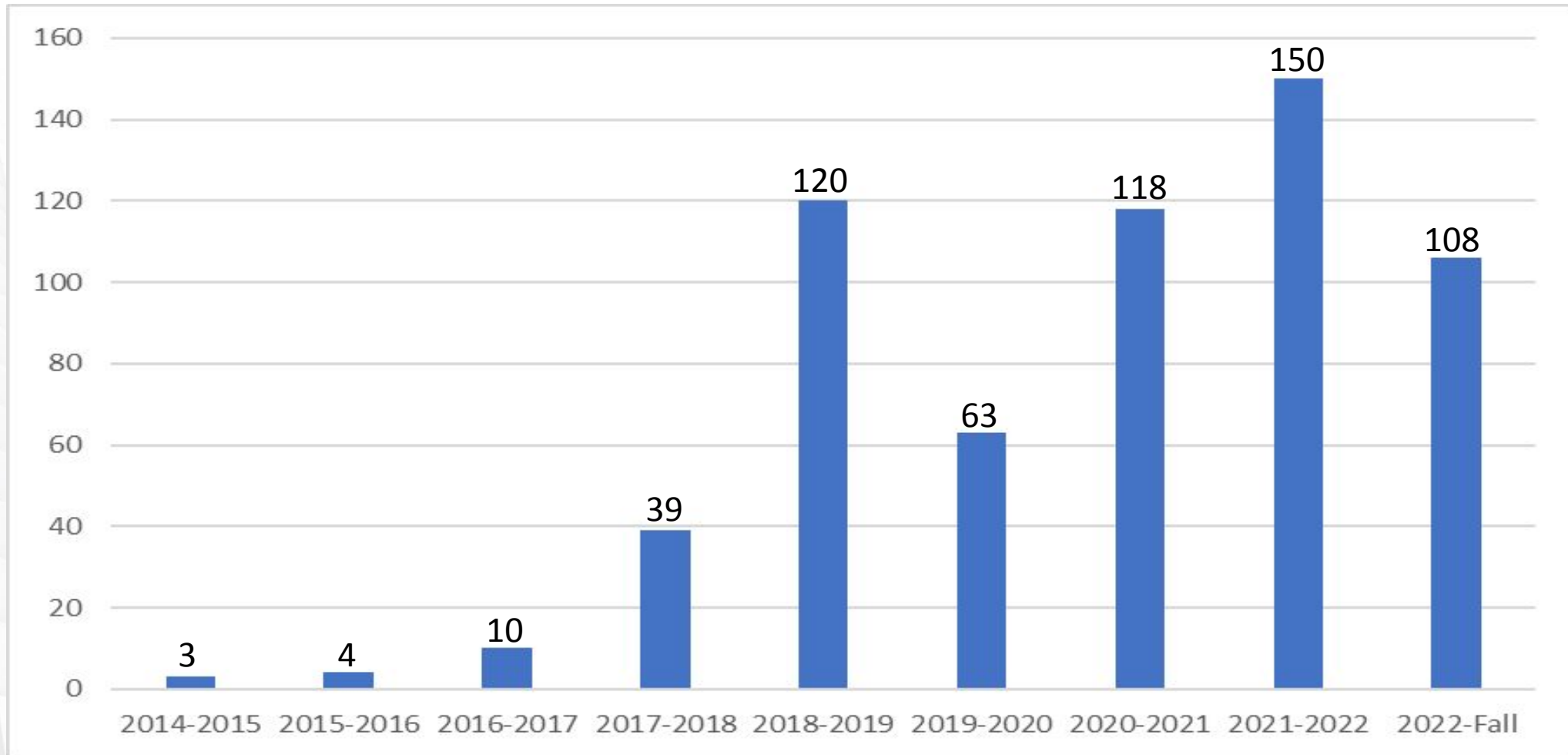
Referrals are received by Student Life and distribute to the appropriate team member.

Meeting/Conversation with student

INCIDENTS OCCURRING IN F22



MENTAL HEALTH REFERRALS FY15-23



Pantry Alert
Starfish/Early Alert
Emails to Office of Student Life
Student Health and Wellness Center Walk-ins
Department of College Safety Reports
Human Resources Department
Facebook/Social Media
Word of mouth
Self-Referral

INTAKE – REPORTING

RENEGADE
NEXUS
A STUDENT CONNECTION TO LIFE

DEVELOPING THE INTEGRATED APPROACH

Bridging between Basic Needs and the Mental Health Wellness

WHY THE NEXUS?

- In 2021-2022, AB 132 (Postsecondary Education Trailer Bill) legislated a requirement that each California community college establish a one-stop basic needs center and a coordinator to link students to on- and off-campus resources.
- Student-centered support ecosystem to support basic needs



Image 1: Price & Umaña, 2021

MAKING IT POSSIBLE

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HOLISTIC LEARNING SUPPORT

Program Review

- Mapping SLO to PLO then ILO
- Assessment additional review of ILOs, one per year

Equity Gaps

- Umoja Study Space
- VRC addition of new advisor
- Rising Scholars and Early College growth
- Focus on Financial Aid
- Student Information Desk

Non-Credit

- Increasing non-credit
 - Online Learners
 - Education Series
 - Accessibility Series