

CALFRESH INFO SESSIONS

PRESENTED BY



CalFresh

The main logo features the word "Cal" in a green script font, followed by a stylized green leaf and three red berries, and then the word "Fresh" in a bold green sans-serif font.

CalFresh
FOOD

The logo consists of the "CalFresh" text with the fruit icon, and the word "FOOD" in white capital letters on a red rectangular background.

CalFresh
HEALTHY LIVING

The logo consists of the "CalFresh" text with the fruit icon, and the words "HEALTHY LIVING" in white capital letters on a purple rectangular background.

CalFresh
EMPLOYMENT
& TRAINING

The logo consists of the "CalFresh" text with the fruit icon, and the words "EMPLOYMENT & TRAINING" in white capital letters on a blue rectangular background.

CalFresh
DISASTER RESPONSE

The logo consists of the "CalFresh" text with the fruit icon, and the words "DISASTER RESPONSE" in white capital letters on a red rectangular background.



CalFresh is California's implementation of the **Supplemental Nutrition Assistance Program (SNAP)**, which provides monthly electronic benefits to help low-or-no income individuals and household purchase nutritious food.

The program issues monthly benefits on an Electronic Benefit Transfer (EBT) card. Food may be purchased at any grocery store or farmers market that accepts EBT cards.



GENERAL ELIGIBILITY REQUIREMENTS

A household is 1 person or a group of people who buy and prepare food together. A household must also meet the income guidelines.

Household must contain **at least one person** with qualifying immigration status.

If you are between **18-49 years old and enrolled in 6 units or more** at an institution of higher education, then you are considered a **student** under CalFresh rules.

California
SNAP Benefits
Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$2,608	\$298
2	\$3,526	\$546
3	\$4,442	\$785
4	\$5,358	\$994
5	\$6,276	\$1,183
6	\$7,192	\$1,421
7	\$8,108	\$1,571

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A
BENEFIT ESTIMATE**



Info for: 10/1/2025 – 9/30/2026. Photo courtesy of USDA ARS.
This resource is not government affiliated. More info at snapscreener.com/flyer

STUDENT ELIGIBILITY

- ✓ To qualify for CalFresh as a student you must meet the general eligibility criteria (previous slide) AND meet at least ONE of the student exemptions.
 - ✓ DACA recipients and international students do not qualify for benefits.
 - ✓ For more information visit **[GetCalFresh.org/Immigrants](https://getcalfresh.org/immigrants)**
- ☐ Work 20 hours/week: or a total of 80 hours/month
 - ☐ Awarded work-study during the current academic year
 - ☐ Approved for TANF-Funded Cal Grant A or B (Temporary Assistance for Needy Families)
 - ☐ Are a single parent and taking care of a child under the age of 12
 - ☐ Responsible for the care for a child under the age of 6
 - ☐ Be enrolled in a program that helps improve employability:
 - ☐ CalFresh Employment and Training Program, including **Fresh Success**
 - ☐ Participating in CalWORKs or Tribal TANF(Temporary Assistance for Needy Families)
 - ☐ Workforce Innovation and Opportunity Act (WIOA)
 - ☐ Be enrolled in an approved Career and Technical Education (CTE)Program

STUDENT EXEMPTIONS: LOCAL PROGRAMS THAT INCREASE EMPLOYABILITY (LPIE)



Additional student programs have been approved to qualify students for a student exemption.

These programs are also known as Career and Technical Education courses (CTE)

Kern	California Community College	Bakersfield College	10/1/2022	Apprenticeship - Plumbers/Steamfitters Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Apprenticeship - Sheet Metal Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	ASL Interpreter Training Program Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Automatic Transmission Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Automotive Heating & Air Conditioning Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Automotive Technology - AS	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Bookkeeping Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Brake System Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Child Dev Master Teacher - Special Ed Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Child Dev. Master Teacher - Infant Toddler Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Child Development Teacher Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Commercial Music Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Communication Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	CompTIA Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Construction Technology Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Culinary Arts Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Dietetic Services Supervisor Program Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Electrical and Electronic Systems Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Electronics Technology Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Engine Overhaul and Repair Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Engine Performance Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Engineering Technology Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Environmental Horticulture Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Executive Chief Fire Officer Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.
Kern	California Community College	Bakersfield College	10/1/2022	Fire Fighter I Academy Certificate of Achievement	This program is a CTE Program as defined by Carl Perkins Act.

WHAT YOU WILL NEED TO APPLY



- ✓ You will need to provide the following documents to apply for CalFresh:
- ✓ A copy of your ID
- ✓ Social Security number
- ✓ Proof of any income (Recent paystubs)
- ✓ Proof of immigration status (for non-citizens)
- ✓ Proof of student status (for college students - class schedule)
- ✓ The documents are also required for anyone you live with that you purchase and prepare food with.



APPOINTMENTS

- Students can set up an appointment on Microsoft Bookings calendar. The link can be found on the Renegade Nexus page under **CalFresh Assistance**.
- Basic student information will be needed (ID #, email, phone #, date of birth, etc.)
- Students have the option to meet in-person or via Zoom.
- Application process takes approx. 45-60min



CalFresh Application Assistance

CalFresh Application Assistance ✓

We want to help you with your basic care n... [Read more](#)

1 hour

Booking for CalFresh Application Assistance

SELECT STAFF (OPTIONAL)

Anyone

October 20

DATE

TIME

< > October 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

9:40 AM

10:40 AM

11:40 AM

All times are in (UTC-08:00) Pacific Time (US & Canada)

APPLYING FOR BENEFITS

- After students set up an appointment, they will meet with one of our Basic Needs Assistants, and they fill out the application together.
- Basic student information will be needed (ID #, email, phone #, date of birth, etc.)
- Students have the option to meet in-person or via Zoom.
- Application process takes approx. 45-60min

The screenshot shows the BenefitsCal website interface. At the top, there is a navigation bar with the BenefitsCal logo, links for Home, Apply For Benefits, Programs, and Help, a language dropdown set to English, a Log In button, and a Search bar. Below the navigation bar, a large white box contains a flowchart titled "Ready to do this? Here's how it works." The flowchart consists of four numbered steps: 1. "Fill in and submit your application" with a document icon and a dropdown menu labeled "What to expect?"; 2. "Upload documents" with a document icon and a dropdown menu labeled "Type of documents you may need to provide"; 3. "We'll review your application" with a magnifying glass icon; 4. "We'll reach out to schedule your interview" with a people icon and a dropdown menu labeled "Interview tips". Below the flowchart, there is a link that says "If you want more help, watch this How-to Video about applying for benefits." followed by a section titled "First, we'll need to know where you currently live." which contains a dropdown menu labeled "What county do you live in?" and a "BEGIN" button at the bottom right.

BenefitsCal

Home Apply For Benefits Programs Help English Log In Search

Ready to do this? Here's how it works.

1 Fill in and submit your application

What to expect?

2 Upload documents

Type of documents you may need to provide

3 We'll review your application

4 We'll reach out to schedule your interview

Interview tips

If you want more help, watch this How-to Video about applying for benefits.

First, we'll need to know where you currently live.

What county do you live in?

Select One

BEGIN

WHAT KIND OF FOOD CAN YOU PURCHASE WITH CALFRESH BENEFITS?

- Fruit and vegetables
- Bread and cereals
- Meat, fish, poultry, and dairy products
- Snacks and juice
- Seeds and plants which produce food for the household to eat

WHAT KIND OF FOOD CAN YOU NOT PURCHASE WITH CALFRESH BENEFITS?

- Alcoholic beverages, cigarettes, tobacco products
- Pet food
- Household items such as toilet paper, paper towels, soap, hygiene products, etc
- Vitamins and medicine
- Hot foods, foods that can be eaten at the store

BENEFIT PAUSE INFORMATION

Update: The government shutdown began on October 1, 2025, and affected CalFresh benefit recipients on November 1st, 2025. After the government was reopened, CalFresh recipients received their scheduled disbursements on November 7th. Disbursements for the month of December are also on track to be received.



FREQUENTLY ASKED QUESTIONS

How quickly will I get benefits?

Your county has 30 days to approve or deny your case. Some people with very low income can get expedited services, and their cases should be processed within 3 days.



FREQUENTLY ASKED QUESTIONS

Do I have to include my family members in my application if I don't share meals with them?

If you live with your parents or guardians, and are age 21 or younger, you are required to include your parents on the application and their income.

CONTACT US

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FEEDBACK WITH
US!

CalFresh Info Sessions Feedback
Survey

