



BYSTANDARD INTERVENTION





I have witnessed a situation, at least once, where someone's health and safety were in danger due to:

- Drinking
- Hazing
- Sexual Assault/Domestic Violence/Harassment/Stalking
- Discrimination (race, gender identity, sexual orientation, etc.)
- Depression or other mental health issues
- Disordered Eating
- Anger/Physical confrontation
- None of the above

**Whose responsibility
is it to intervene?**



THE BYSTANDER EFFECT

People are **less likely** to help when they are **in a group** than when they are alone.

From Passive to Active

5 Steps to Intervention

Notice the Event

Interpret it as a problem

Assume personal responsibility

Know how to help

Implement the help – Step UP!

1. Notice the Event





2. Interpret it as a problem

3. Assume Personal Responsibility

IF NOT YOU,
THEN WHO?



4. Know How to Help



The 5 Ds

- Direct
- Distract
- Delegate
- Delay
- Document

**What
Can I
Do?**



5. Step UP!





STUDENT WHO HELPED SAVE RAPE VICTIM ON THE RECORD

ON THE RECORD

@GRETA



The **S.E.E.K.** Model

Safe

Early

Effective

Kind



Scenario

You are returning home to your room and next door you can hear a couple loudly arguing. The language grows increasingly abusive. What do you do?

- **What issues are ambiguous in this scenario?**
- **Using the 5 Ds, what are some ways you could help?**

Why students DO intervene



**#1 reason:
It's the right thing to do**



Each of us CAN make a difference

